





We are all in the same "universe" or storyline as any person in history. From Pharaohs in Egypt , to peasants in Mid-Evil times , to our unknown future. We are all just a character. EVERY person is scared, anxious, and without scripts. 






















That is why we need to think of the bigger storyline based on the past. How will we be seen? What will the next season look like? How will this story eventually end?

SMALLER DAILY IMPACTS

Pre-COVID I would fill my day with as many things as I could. Each day would have 200 characters, 20 locations, and each night would leave me with a highlight reel to reflect on...  During COVID my location is one place, and I'm down to five characters. At the end of the night, I find myself reflecting on every detail. Overanalyzing and anxious about the smallest moments.

OUR PERSONAL TV SHOW

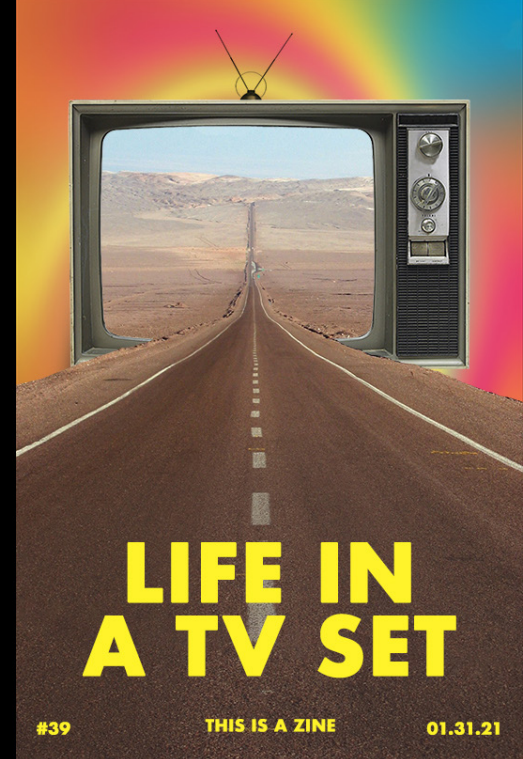
We are all a character . Running around with our gang of friends . With our fav places , and random adventures . We know people who get the shit end of the stick , people who are just there , and people we inspire other shows . Unlike TV, we can have several simultaneous stories adapting to be . Our character  change everything  &  /  /  /  /  /  /  /  / 

I love TV.

My generation grew up with this art form so ingrained in our daily lives, we rarely think of it as art & undervalue the impact on our thinking.

I think it is common for us to view our own lives (past, present, and future) through the lens of TV. It is the most relatable from the characters you interact with, the locations you visit, the storylines you create or are imposed upon you with little say.

Now that my life has slowed down I find myself analyzing my character and the universe this storyline takes place in.



LIFE IN A TV SET